



RETINA EYE CARE, P.C.

NATICK - FRAMINGHAM

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WHAT TO DO AND EXPECT AFTER AN EYE INJECTION

The eye may feel sore in the first evening and the next day. Keeping the eyes closed can help the eye feel more comfortable. The eye may look bloodshot for 1-2 weeks. The eye may have some tearing from it. You can gently clean the area around the eye with a clean washcloth with warm water. It is ok to shower, just try not to spray water directly on the eye.

Do not rub the eye. Rubbing your eye can cause a scratched cornea, which is very painful. Keeping the eye closed and going to bed early can help you feel more comfortable.

Depending on the type of injection you had, you may see the medication as “seaweed” or “round circles” in your vision. Usually this phenomenon will go away quickly.

If you normally wear contact lens for this eye, you should hold off for 2 days. You can still wear contact lens for the other eye if that is what you do.



We would like you to call us (508-903-0003) promptly if you experience the following:

1. It usually takes 1-2 days to recover. If it takes longer than usual, call us right away.
2. The vision was relatively stable but suddenly got worse.
3. You developed new pain/aching/pressure/discomfort of the eye that stays