

Patient Instructions For Photodynamic Therapy (PDT) With Visudyne

Before treatment:

1. Starting the day before treatment, drink plenty of fluids and avoid caffeine.
2. Wear long pants and a long sleeved loose fitting shirt for your appointment.
3. Bring a hat and gloves (and sunglasses if you have them).
4. Plan to arrive on time.

After treatment:

1. Avoid direct sunlight exposure for five days.

Avoid other bright lights, such as tanning salons, bright halogen-lighting in homes and offices, lighting used in dentists offices or in operating rooms.

Normal indoor lighting is fine. Do not purposely stay in the dark.

2. Sunscreens are not sufficient or effective in protecting against sunburn or photosensitivity reactions.
3. If you must go outside for brief periods of time, wear sunglasses and cover all skin areas.
4. Avoid use of a pulse oxygen monitor.