

Retina Eye Care, P.C.
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Amsler Grid

Directions:

1. If you read with bifocals, or reading glasses, put them on.
2. Look at the grid from your normal reading distance with good normal lighting.
3. Cover one eye. Try to look at the dot in the middle. Are any of the lines blurry, wavy, or missing?
4. Cover the other eye and do the same.
5. If you notice any changes in how you see the grid, call Dr. Tang or your regular eye doctor.
6. We recommend that you use the grid once a day.

